

SMALL GROUP QUESTIONS
 "Tis the Season to Be Free"
 Psalm 139:1-18; Genesis 3:1-7
 Week of December 25, 2016

CENTRAL TRUTH: Finding my true self in God's love frees me from the pain and fear of a distorted self-image.

GETTING STARTED:

1. What aspect of yourself (e.g., personality, physical, traits, etc.) do you like most about yourself? Dislike most?

TAKING IT HOME:

2. In your own words, describe the connection between finding sufficiency in God and how you view yourself. How does feeling that you need more than God contribute to a distorted self-image? Do you think you have a distorted view of yourself? Why or why not?
3. To what extent do you base your identity, self-image and self-worth on externals, such as appearance, achievement, status, and "righteousness"? What have been the results?
4. Describe how believing the descriptions of who God says you are can impact your life? (Choose 2 or 3)

BIBLE PASSAGE	WHO GOD SAYS I AM	IMPACT OF THIS TRUTH
1 John 3:1-2 John 1:12 Ephesians 1:4-5	Child of God; wanted, holy, blameless before God	
John 15:15	Friend of Jesus	
Romans 15:7	Accepted in Christ	
Psalm 139:13-14	Wonderfully made	
Ephesians 2:10	God's masterpiece; incredible work of art	
Colossians 3:14 Romans 8:1 Colossians 2:13-14 2 Corinthians 5:18	Totally and completely forgiven; free from condemnation; reconciled to God	
Philippians 3:20 Colossians 1:13-14 Romans 8:17	A citizen of heaven; an heir with Christ	
Hebrews 4:15-16 Ephesians 3:12	Understood by Christ; able to approach God	
Genesis 1:29-31	Crown of God's creation	
1 Corinthians 3:16, 6:19	A temple where the God's Spirit lives	

PRAYER

5. What one insight from the message seems most personally significant to you right now? How would you like this truth to affect your life (i.e., your thoughts, attitudes, habits, conduct)? Will you pray for strength and conviction to make this change for 2017?