

LET'S TALK ABOUT

SEX

“Affair-Proof”

May 2, 2010

1 Corinthians 7:1-5 & Philippians 2:3-8 (ESV)

LG Study Guide

Special Note About this Week's Topic of Marriage:

The contents of this study and discussion are designed to be helpful for all of us regardless of our marital status. For those who are not married, the insights you glean from this study will help you enjoy a better relationship with your friends of the opposite gender and better prepare for a possible future marriage.

QUICK REVIEW:

Was there a particular point or passage of Scripture that challenged, moved, confused, or disturbed you during this Sunday's message?

MY STORY

Below is a list of some of the most common “love languages.” After reading them, answer the questions that follow.

- 1) Words of Affirmation
- 2) Gifts
- 3) Time Together
- 4) Physical Touch
- 5) Act of service

Which of the love languages is easiest for you to express? Which is most challenging?

If you are married, which of these do you think your spouse will identify as his or her top three love languages?

DIGGING DEEPER

1. We learned this past Sunday that unmet needs within marriage often leads to extramarital affairs (1 Corinthians 7:1-5). Now, before we get to the “what” and the “how” of meeting each other's needs, let's consider for a moment the mindset with which we must approach this matter. Read Philippians 2:3-8. What is the principle at work in the following passage? What are some of the traits of the mind of Christ? What difference would it make in your marriage if you had the mind of Christ as described in this passage?

2. Keeping that principle in mind, rate your level of need for each category on a scale of 1 to 10 (1-very little; 10-very much) and explain your answer to others. If married, please explain your answer to your spouse.

HER NEEDS

- My need for affection:
- My need for conversation:
- My need for honesty & openness:
- My need for financial commitment:
- My need for family commitment:

HIS NEEDS

- My need for sexual fulfillment:
- My need for recreational companionship:
- My need for attractive spouse:
- My need for domestic support:
- My need for admiration:

3. Share your answers to the following question:

- What other needs do you have that was not mentioned on the list above?

- What might result if those needs are not met?

BRINGING IT HOME

1. For each need that your spouse scored 7 or above, collaborate with him/her to write specific action steps you can take to meet these needs to your spouse's fulfillment. As you proceed with this exercise, please keep in mind the principle we discussed in response to Question 1.

2. Please continue to share with your group what God has been teaching you through your Life Journal/Devotional.

** LifeGroup Study questions are available for pick up at the Information Center located in the lobby. They are also available online at www.ynccla.org.

** CDs of today's message will be available next Sunday in the YNCC office. Previous weeks' sermon CDs are also available in the office. All sermons are viewable online at www.ynccla.org/sermons.

